



PROUDLY SPONSORED BY 2XU

LONG COURSE MEET
Melbourne Sports and Aquatic Centre – Aughtie Drive, Albert Park
SUNDAY OCTOBER 11TH, 2009
PROPOSED QUALIFYING MEET

Pool Entry: 7.30am

Competition Starts: 8.30am Sharp

MALE	AGE GROUP	DISTANCE	STROKE	FEMALE
1	Open	200	IM	2
3	SWD	50	Back	4
5	10/Under	50	Back	6
7	11, 12, 13 & Over	50	Back	8
9	12/Under	100	Breast	10
11	Open	200	Fly	12
13	SWD	50	Fly	14
15	10/Under	50	Fly	16
17	11, 12, 13 & Over	50	Breast	18
19	12/Under	100	Fly	20
21	Open	200	Free	22
23	SWD	50	Breast	24
25	10/U	50	Breast	26
27	11, 12, 13 & Over	50	Fly	28
29	12/U	100	Back	30
31	Open	200	Back	32
33	SWD	50	Free	34
35	10/Under	50	Free	36
37	11, 12, 13 & Over	50	Free	38
39	12/Under	100	Free	40
41	Open	200	Breast	42
43	13/14	100	Fly	44
45	15/Over	100	Fly	46
47	13/14	100	Back	48
49	15/Over	100	Back	50
51	13/14	100	Free	52
53	15/Over	100	Free	54
55	13/14	100	Breast	56
57	15/Over	100	Breast	58
59	Open **QTime	400	Free	60

****Q Time** – Event 59 has a qualifying time of 5.00 min and Event 60 of 5.30 min.

- All events will be swum as timed finals, under ASI rules with electronic timing. One start rule applies.
- Age of competitors will be as at October 11th, 2009. Competitors must swim in their respective age groups. Open events are open to any age swimmer, including 10 years and under.
- Entries must be submitted on Swimming Victoria entry cards. Please make sure contact details are included on entry cards.
- An entry fee of \$9.00 per event (which includes \$1 SV levy) must accompany entries. All cheques and money orders must be made payable to MLC Aquatic. No credit card facilities. EFT is preferred – see attached entry form.
- Clubs are encouraged to submit entries electronically via a Team Manager file to mlcaquatic@hotmail.com with entry fee and summary mailed to address below. The event file will be available from the website www.mlcaquatic.com.au by 15 August 2009.
- THERE IS NO POOL ENTRY FEE. All persons admitted free.
- Medals will be awarded to the first 3 placegetters in each of the following age groups:
50m – SWD, 10/under, 11, 12, 13;
100m – 12/under, 13.
All 10 and under competitors will receive a ribbon.
- Entries close **FRIDAY, OCTOBER 2nd, 2009. No late entries accepted.** If entry limit is exceeded prior to 2 October 2009, then MLC Aquatic **will close off entries prior to 2 October 2009.** Entries will be accepted in order of receipt.
- A timeline will be available on our website, www.mlcaquatic.com.au on Thursday, 8 October 2009.

SEND ENTRIES TO: MLC Aquatic Competition Officer **ALL ENQUIRIES TO: MLC Aquatic Competition Officer**
PO Box 2069 **Email: mlcaquatic@hotmail.com**
HAWTHORN VIC 3122 **0416 088 796**

ENTER EARLY TO AVOID DISAPPOINTMENT.